

Course Description

Grade 3 Guidance

Philosophy Statement: The Des Moines Christian School K-12 guidance and counseling program facilitates spiritual, personal/social, educational, and career development in order to maximize a student's ability to understand self and relate to others in their lifetime service to Jesus Christ. We strive to assist parents and staff in equipping all students to learn skills and competencies that affect their current and future functioning and well-being. Designed to meet the needs of all students, the program provides preventative, remedial, and developmental instruction and resources.

Course Description: Guidance class helps students examine their lives and make lasting changes to achieve the maximum benefit from their talents and abilities. Students will be able to develop a realistic and Biblical concept of self, emotions, personal responsibility, communication, social skills, and personal safety skills.

Textbooks: None

Materials:

- Teacher provided and created
- Puppets

Time Allotment: Seventeen 30 minute lessons

Course Content:

- Understand the importance of beginnings and endings
- Understand strategies to utilize personal safety skills
- Understand what behaviors will help them get along with others
- Understand how taking personal responsibility for thoughts/feeling impacts how they function in a group
- Understand the factors that can contribute to resolving conflicts
- Understand the power of the bystander
- Understand that respectful communication is more likely to be heard

Areas to be evaluated:

- Teacher Observation
- Class Participation

Additional activities:

- Small and individual groups are available for extended lessons