Course Description Grade 2 Guidance

Philosophy Statement: The Des Moines Christian School K-12 guidance and counseling program facilitates spiritual, personal/social, educational, and career development in order to maximize a student's ability to understand self and relate to others in their lifetime service to Jesus Christ. We strive to assist parents and staff in equipping all students to learn skills and competencies that affect their current and future functioning and well-being. Designed to meet the needs of all students, the program provides preventative, remedial, and developmental instruction and resources.

Course Description: Guidance class helps students examine their lives and make lasting changes to achieve the maximum benefit from their talents and abilities. Students will be able to develop a realistic and Biblical concept of self, emotions, personal responsibility, communication, social skills, and personal safety skills.

Textbooks: None

Materials:

- Teacher provided and created
- Storybooks
- Puppets

Time Allotment: Eighteen 30 minute lessons

Course Content:

- Understand the importance of beginnings and endings
- Understand personal safety at home and school
- Understand what qualities contribute to or hinder friendships
- Identify and appropriately manage fear/worry
- Understand the role of anger in resolving conflicts
- Understand the roles people play in bullying
- Understand the power of the tongue

Areas to be evaluated:

- Teacher Observation
- Class Participation

Additional activities:

• Small and individual groups are available for extended lessons